

**PENINSULA ATHLETIC LEAGUE
BAY GIRLS VARSITY SOCCER 2023
ALL LEAGUE**

<u>Players Of the Year</u>	<u>School</u>	<u>Year</u>
<u>Forward:</u> Val Latu-Nava	Menlo-Atherton	Junior
<u>Co-Midfielders:</u> Addison Haws	Sequoia	Junior
Pilar Vanheusden	Woodside	Senior
<u>Defender:</u> Susan Wagstaff	Menlo-Atherton	Senior
<u>Goal Keeper:</u> Gigi Edwards	Menlo-Atherton	Senior
 <u>First Team</u>		
1. Val Latu-Nava	Menlo-Atherton	Junior
2. Susan Wagstaff	Menlo-Atherton	Senior
3. Gigi Edwards	Menlo-Atherton	Senior
4. Aminah Evans	Sequoia	Junior
5. Addison Haws	Sequoia	Junior
6. Sofia Beliver Eymann	Woodside	Senior
7. Pilar Vanheusden	Woodside	Senior
8. Elise Spenner	Burlingame	Junior
9. Kaylee Kim	Carlmont	Sophomore
10. Kailee Frankel	Hillsdale	Junior
 <u>Second Team</u>		
1. Amu Gelles	Menlo-Atherton	Junior
2. Georgia Auerbach	Menlo-Atherton	Junior
3. Jordan Bradley	Menlo-Atherton	Junior
4. Emma Heist	Sequoia	Junior
5. Nina Mills	Sequoia	Junior
6. Josephine Meade	Woodside	Senior
7. Angeni Garcia	Woodside	Senior
8. Kaylee Ng	Burlingame	Junior
9. Emilie Brack	Carlmont	Senior
10. Lauren Davis	Hillsdale	Junior
 <u>Honorable Mention</u>		
1. Kate Nelson	Menlo-Atherton	Senior
2. Alessia Bolanos	Menlo-Atherton	Senior
3. Evelyn Harrington	Sequoia	Senior
4. Ashlee Landin Pacheco	Sequoia	Junior
5. Miriam Yusuf	Woodside	Sophomore
6. Julia Lopez Pulido	Woodside	Junior
7. Olivia Mausehund	Burlingame	Senior
8. Josie LaCrosse	Burlingame	Senior
9. Amelia Khouri	Carlmont	Senior
10. Ava Kiang	Hillsdale	Senior

**PENINSULA ATHLETIC LEAGUE
OCEAN GIRLS VARSITY SOCCER 2023
ALL LEAGUE**

<u>Players of the Year</u>	<u>School</u>	<u>Year</u>
<u>Keeper:</u> Gali Moran	South San Francisco	Senior
<u>Defender:</u> Evelyn Su	San Mateo	Junior
<u>Forward:</u> Madison Donati	Terra Nova	Junior
<u>MidFielder:</u> Nuria Adorno Lopez	Aragon	Junior
	Capuchino	Senior
<u>Freshman:</u> Nathalya Torres	Half Moon Bay	Freshman

First Team

1. Nuria Adorno Lopez	Aragon	Junior
2. Quinn Shirley	Aragon	Sophomore
3. Sierra Troy	Aragon	Sophomore
4. Alondra Nungaray	Capuchino	Senior
5. Hope Mgintz-Ryan	Capuchino	Senior
6. Evelyn Su	San Mateo	Junior
7. Elana Hartley	San Mateo	Junior
8. Madison Donati	Terra Nova	Junior
9. Denely Acosta	Half Moon Bay	Senior
10. Camila Arrellano	South San Francisco	Junior

Second Team

1. Ryann Abad	Aragon	Senior
2. Celeste Calvo	Aragon	Senior
3. Kaylah Bresee	Aragon	Senior
4. Marayah Govea	Capuchino	Junior
5. Lily Mazzola	Capuchino	Senior
6. Chisa Matsumoto	San Mateo	Junior
7. Ryan Yeh	San Mateo	Junior
8. Haily Hata	Terra Nova	Junior
9. Isabel Ortega	Half Moon Bay	Junior
10. Galilea Moran	South San Francisco	Senior

Honorable Mention

1. Violet Calvo	Aragon	Sophomore
2. Miley Rooper	Aragon	Freshman
3. Alisha Sukhu	Capuchino	Junior
4. Justine Chetcuti	Capuchino	Junior
5. Ella Heisler	San Mateo	Junior
6. Lily Bernard	San Mateo	Junior
7. Savannah Copeland	Terra Nova	Junior
8. Shannon Hagemann	Terra Nova	Junior
9. Deja Spikes	Half Moon Bay	Junior
10. Evey Sarron	South San Francisco	Sophomore

**PENINSULA ATHLETIC LEAGUE
LAKE GIRLS VARSITY SOCCER 2023
ALL LEAGUE**

<u>Players Of the Year</u>	<u>School</u>	<u>Year</u>
<u>Goal Keeper:</u>		
1. Krystal Alcaraz	El Camino	Junior
<u>Defender:</u>		
1. Valentine Sandillo	El Camino	Senior
<u>Mid-Field:</u>		
1. Anji Marwah	Mills	Senior
<u>Striker:</u>		
1. Abigail Zennadi	Mills	Sophomore
<u>First Team</u>		
1. Krystal Alcaraz	El Camino	Junior
2. Valentine Sandillo	El Camino	Senior
3. Katrina Panoringan	El Camino	Senior
4. Anjali Marwah	Mills	Senior
5. Abigail Zennadi	Mills	Sophomore
6. Isabella Balmas	Oceana	Senior
7. Naidelin Manzo	Oceana	Senior
8. Alondra Reyes	Jefferson	Sophomore
9. Priscilla Valencia	Westmoor	Sophomore
<u>Second Team</u>		
1. Daisy Alvarado	El Camino	Senior
2. Briong Campbell	El Camino	Senior
3. Ciana Bautista	El Camino	Freshman
4. Alexandra Dedes	Mills	Senior
5. Reese Roach	Mills	Sophomore
6. Sydney Dilena	Oceana	Senior
7. Jady Tuman	Oceana	Senior
8. Janiyah Guevarra	Westmoor	Freshman
9. Galilea Solis	Jefferson	Sophomore
<u>Honorable Mention</u>		
1. Lauryn Madrigal	El Camino	Junior
2. Briana Acuna	El Camino	Junior
3. Kennedy Bauer	Mills	Senior
4. Grace Lim	Mills	Senior
5. Shalien Ekah	Oceana	Freshman
6. Olivia Perry	Oceana	Sophomore
7. Alyssa Linares	Jefferson	Sophomore
8. Chya Bella	Jefferson	Junior
9. Chloe Wu	Westmoor	Sophomore