

**Peninsula Athletic League  
Girls Varsity Track 2019  
All League**

<u>School</u>	<u>Year</u>	<u>Finals</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
<b><u>100 Meter Hurdles</u></b>			<b><u>800 Meter Run</u></b>		
Elise Raphael	Hillsdale	Senior 16.86	Half Moon Bay	Junior	2:18.55
Alexandra McDowall	Woodside	Senior 17.12	Mills	Senior	2:21.23
Jaeda Flores	Capuchino	Junior 17.16	Menlo-Atherton	Senior	2:21.93
Maile Coberly	Menlo-Atherton	Senior 17.47	Sequoia	Junior	2:23.36
Ruka Sobajima	Hillsdale	Junior 17.48	Carlmont	Junior	2:24.29
Gianna Colombo	Sequoia	Senior 18.11	Sequoia	Junior	2:25.58
<b><u>300 Meter Hurdles</u></b>			<b><u>1600 Meter Run</u></b>		
Elizabeth Demafeliz	Terra Nova	Senior 49.54	Kaimei Gescuk	Carlmont	Junior 5:01.63
Cassandra Areff	Carlmont	Soph 50.72	Emma Madgic	Aragon	Senior 5:05.83
Nicole Leon	Mills	Senior 51.50	Claire Yerby	Half Moon Bay	Junior 5:07.10
Jaeda Flores	Capuchino	Junior 52.01	Sara Osterberg	Menlo-Atherton	Senior 5:10.45
Amy Abad	Sequoia	Junior 52.55	Sabrina Jackson	Carlmont	Soph 5:21.39
Raven Fortin	Half Moon Bay	52.81	Sophia Longo	Menlo-Atherton	Senior 5:28.24
<b><u>100 Meter Dash</u></b>			<b><u>3200 Meter Run</u></b>		
Jessica Eagle	Menlo-Atherton	Senior 12.26	Kaimei Gescuk	Carlmont	Junior 11:02.63
Autriyana Hardy	Menlo-Atherton	Senior 12.85	Yvonne Brien Miller	Carlmont	Junior 11:09.22
Lauren Collinsworth	Menlo-Atherton	Senior 12.95	Sara Osterberg	Menlo-Atherton	Senior 11:21.93
Alexandra Skoufos	Terra Nova	Junior 13.09	Sonja Dommen	Burlingame	11:23.43
Madison Wong	Carlmont	Senior 13.29	Sarah Perry	Woodside	Junior 11:27.29
Malia Pargas	Carlmont	Soph 13.43	Shannen Dorn	Westmoor	Senior 11:28.72
<b><u>200 Meter Dash</u></b>			<b><u>4 X 100 Meter Relay</u></b>		
Jessica Eagle	Menlo-Atherton	Senior 25.07	Hardy, Eagle, Latu, Woods	Menlo-Atherton	49.38
Malia Latu	Menlo-Atherton	Soph 26.03	Abad, Demafeliz, Bannag, Skoufos	Terra Nova	50.85
Autriyana Hardy	Menlo-Atherton	Senior 26.23	Quach, Tao, Hernandez, Perez	El Camino	51.78
Alyssa Bannag	Terra Nova	Junior 26.81	Muldowney, Chavez, Thompson, Konidaris	Capuchino	52.16
Malia Pargas	Carlmont	Soph 27.01	Kalisky, Bolts, Calter, Garcia	Aragon	53.42
Alexandra Skoufos	Terra Nova	Junior 27.38	Bollinger, Kelley, Yasuda, Masteron	Burlingame	54.20
<b><u>400 Meter Dash</u></b>			<b><u>4 X 400 Meter Relay</u></b>		
Malia Latu	Menlo-Atherton	Soph 59.36	Kibrom, Kibrom, Longo, Latu	Menlo-Atherton	4:11.41
Caroleene Block	Carlmont	Junior 1:01.75	Jackson, Lynagh, Block, Hitchcock	Carlmont	4:14.60
Jessica Masterson	Burlingame	Senior 1:02.58	Marquez, Gold, Haslam, Niadgio	Aragon	4:16.44
Sarah Chavez	Capuchino	Frosh 1:03.26	Thompson, Franco, Flores, Chavez	Capuchino	4:22.13
Aster Kibrom	Menlo-Atherton	Senior 1:03.39	Bollinger, Kelley, Yasuda, Masteron	Burlingame	4:28.36
Isabelle Lynagh	Carlmont	Soph 1:04.88	Quach, Tao, Hernandez, Perez	El Camino	4:31.12

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<u>Long Jump</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
Savanna Newton	Sequoia	Senior	14-11.50
Callie Meyer	Menlo-Atherton	Junior	14-10.25
Evelyn Contreras	San Mateo	Senior	14-10.00
Madison Wong	Carlmont	Senior	14-09.75
Jasmine Pon	El Camino	Senior	14-08.50
Megan Lee	Mills	Junior	14-07.75

<u>Triple Jump</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
Evelyn Contreras	San Mateo	Senior	32-11.25
Gianna Colombo	Sequoia	Senior	32-09.00
Caroleene Block	Carlmont	Junior	31-10.75
Kai Lin Ye	Westmoor	Junior	31-04.00
Savanna Newton	Sequoia	Senior	30-09.50
Callie Meyer	Menlo-Atherton	Junior	30-08.50

<u>High Jump</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
Bianca Belforte	Hillsdale	Junior	4-08.00
Kate Ryder	Terra Nova	Junior	4-08.00
Katherine Meade	Woodside	Soph	4-06.00
Katie Blondino	Carlmont	Soph	4-06.00
Karina Bender	Sequoia	Junior	4-02.00
Olivia Bollinger	Burlingame	Junior	4-00.00

<u>Pole Vault</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
Julie Trundle	Sequoia	Soph	9-06.00
Trinity Nitafan	Westmoor	Senior	9-00.00
Alexandra McDowall	Woodside	Senior	9-00.00
Samantha Brook	Woodside	Junior	9-00.00
Isabel de Oliveira	Woodside	Senior	8-06.00
Joya Palmer	Terra Nova	Junior	6-06.00

<u>Shot Put 4 Kilo</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
Carly Watts	Terra Nova	Senior	44-01.50
Nane Ikahihifo	Mills	Senior	39-09.00
Akanesi Hafoka	San Mateo	Junior	28-05.00
Tamara Kyaw	Westmoor	Senior	28-01.00
Jenna Tobin	Hillsdale	Junior	27-10.50
Kaitlin Kirkes	Carlmont	Junior	25-01.50

<u>Discus Throw</u>	<u>School</u>	<u>Year</u>	<u>Finals</u>
Carly Watts	Terra Nova	Senior	152-10
Nane Ikahihifo	Mills	Senior	124-04
Isabel de Oliveira	Woodside	Senior	95-06
Ida Aaberg	Menlo-Atherton	Frosh	93-10
Danny Corona	Half Moon Bay	Senior	88-07
Kaitlin Kirkes	Carlmont	Junior	88-06