1. **FORMAT OF COMPETITION**
The league shall be divided into two divisions Bay and Ocean. The divisions shall be determined by strength of program, recommended by the coaches and approved by the Board of Managers. The determination of league placement shall be reviewed every year.

2. **RULES**
Current USA Badminton rules apply unless stated otherwise in PAL bylaws.

3. **NUMBER OF CONTESTS**
   Varsity: Twenty-four (24) matches.
   3.1 A "tournament" shall be defined as involving athletes from four (4) or more teams.
   3.2 In tournaments where other than regularly-timed, or regularly-scored, contest are played, each day of that tournament shall count as two (2) contests.

4. **STARTING DATES**
   4.1 Starting practice dates shall be determined by the CCS.

5. **DEFINITION OF PRACTICE**
   5.1 See PAL Bylaws, Article IV, Section 2.

6. **STARTING TIME FOR CONTESTS**
   6.1 Afternoon contests shall commonly be scheduled at 5:00 PM unless other-wise noted and authorized by the Board of Managers or the principals involved.
   6.2 By mutual consent of principals, place or time of playing games may be changed.
   6.2.1 If the principals involved can reach no mutual agreement on the changing of game times and/or sites the schedule stands as approved.

7. **CHAMPIONSHIPS AWARDED IN DIVISIONS**
   7.1 League standing shall be determined according to results of a double round robin. Total win-loss record will determine the standing.
   7.2 Each school will send four singles (two boys and two girls) and six doubles teams (two boys doubles, two girls doubles, and two mixed doubles) to the individual division tournament at the end of the season. These tournaments will decide the top eight singles (four boys and four girls) and twelve doubles team (four boys, four girls and four mixed) in the Bay and the Ocean divisions, who will then compete in the CCS qualification tournament. These will be double elimination tournaments.
   7.3 The CCS qualification team tournament will be a double elimination tournament using a standard bracket. In the first round: Bay #1 plays Ocean #4, Bay #3 plays Ocean #2, Bay#2 plays Ocean #3 and Bay #4 plays Ocean #1.
   7.4 The top four girls singles, four boys singles, four girls doubles, four boys doubles, and four mixed doubles from this tournament will represent the PAL in the CCS individual tournament.
   7.5 The PAL tournament will follow CCS guidelines regarding uniforms.
8. **TIE LEAGUE STANDINGS**
If there is a tie for first place at the end of the league season, teams will be declared co-champions.

9. **PLAYOFFS SITES**
Playoff site to be announced at the tournament seeding meeting.

10. **POST SEASON TOURNAMENT**
10.1 There will be the PAL individual league playoffs and the CCS individual tournament.
10.2 Neither pre or post season games shall be authorized before or after the close of the regularly scheduled athletic activity season unless approved by the Board of Managers.
   10.2.1 These matches also need CCS/CIF approval.

11. **ALL-LEAGUE SELECTION PROCEDURE**
The all-league players shall be the semi-finalists in the division playoff tournaments.

12. **AWARDS**
Authorized Peninsula Athletic League awards include:
12.1 Certificates and medals recognizing "all-league status", to be made available by the Peninsula Athletic League Commissioner's office along with perpetual trophies that existed prior to the formation of the PAL or were purchased since its inception.

13. **SPECIAL RULINGS**
13.1 Each coach shall establish a ranked line-up and play by it in sequence, according to each player's ability. On the day of a match, the best singles player shall be #1 and the second best #2, etc. The same applies to the doubles team. A coach may fill a vacant position with any player as long as the ranking described above is maintained.
   13.1.1 Coaches will exchange lineups before the start of each match. Lineups are frozen at this time. Any changes after the lineup exchange will result in default. Certificated coaches of each school must also be listed on the lineup card.
13.2 Each dual match shall consist of (15) matches. The division shall be as follows:
   - three (3) girls singles,
   - three (3) boys singles,
   - three (3) girls doubles,
   - three (3) boys doubles,
   - and three (3) mixed doubles.
   13.2.1 All PAL matches are to be scored using 3-2-1 scoring system. Example: #1 singles are worth 3 points, #2 singles are worth 2 points and #3 singles are worth 1 point. If a match ends in a tie, the tie breaker is the number of #1 wins.
13.3 Time and court space permitting, coaches may agree to arrange non-scoring matches to accommodate otherwise eligible non-laddered athletes.
13.4 All games in matches will be played to twenty-one (21) points, using rally scoring.
13.5 There is to be no coaching of players except for the 90 second break between games 1 and 2, at 11 points for sixty seconds, and at the five (5) minute break between the second and third game of a split match. Only school certified coaches are allowed to coach.
13.6 Except in an emergency, players may not leave the courts once their match has started. Play must be continuous. If stalling continually occurs, the player will be disqualified and the match forfeited.
13.7 Players shall umpire their own matches. Players may request linespersons or a service judge. If necessary 4 line judges, 2 from each school will be provided.
13.8 Ground rules where necessary must be established before matches begin.
13.9 A five (5) minute injury time-out is allowed. The player is to call the coach to the court.
Coach of the non-injured player may come onto court and talk to their player.

13.10 A player shall compete in only one event during a dual match or in the individuals league playoff tournament.
13.11 For individual league playoffs the coach may combine singles players and enter them as a doubles team. Each school has two (2) entries per category.
13.12 CCS qualifiers will be determined from the individual league playoff tournament.
13.13 The home team coach shall furnish shuttlecocks for all dual matches. (To be the same as used in CCS) Exception: Five (5) tubes of shuttlecocks shall be furnished by each school for playoffs.
13.14 Warm ups shall consist of no more than five (5) minutes before the match is to begin. Only team members and their school coach may participate in warm up. All other people must remain off the playing floor and in their designate spectator sections.
13.15 The home team coach shall call in match scores to the newspaper and to the commissioner's office.

14. SPORTS CHAIRPERSONS
14.1 The badminton chairpersons shall serve for a minimum of two (2) years.
14.2 The badminton chairpersons shall be selected or appointed from each division.
14.3 The duties of the chairpersons:
   14.3.1 Shall notify the commissioner of all sport committee meetings.
   14.3.2 Shall call a meeting of all the league badminton coaches prior to the beginning of the season to go over schedules, bylaws, rule changes, and anything pertaining to their sport for their season. This meeting shall include all coaches from both divisions.
   14.3.3 Shall call a meeting of badminton coaches at the end of the season to review the bylaws, make revisions in the bylaws, set up schedules for the next season, and select all-league players. At this meeting, they shall also discuss problems that came up during the season and make recommendations to resolve the problems.
   14.3.4 Will coordinate the evaluation of team placements and will give the new division assignments to the league commissioner.
   14.3.5 Shall represent their division on the CCS Badminton Committee.