

# **BASKETBALL**

## **1. FORMAT OF COMPETITION**

**1.1.** The league shall be divided geographically into two divisions. The North will consist of schools in the Jefferson, South San Francisco, and Cabrillo School Districts. The South will consist of schools in the San Mateo and Sequoia School Districts. Each league will have a twelve game schedule.

## **2. RULES**

**2.1.** All games, contests or activities shall be governed by the rules of the National Federation of State High School Athletic Association.

## **3. NUMBER OF CONTESTS**

**3.1.** Maximum number of contests for all divisions - 24 games.

**3.2.** CCS and CIF playoffs are not included in the maximum number of contests for Varsity.

**3.3.** Varsity, JV and Freshman teams are allowed two scrimmages which will not count against the 24 game limit.

**3.4.** Each school may hold one alumni or fund-raising type of game prior to the end of league play, which does not count in the maximum number of contests.

## **4. STARTING DATES**

**4.1.** Starting practice dates for each sports season shall be determined by the CCS.

## **5. DEFINITION OF PRACTICE/SCRIMMAGE**

**5.1.** See PAL Bylaws, Article IV, Section 2 and Section 3.

## **6. STARTING TIME FOR CONTESTS**

**6.1.** Afternoon contests shall commonly be scheduled for 4:30 JV and 6:00 Varsity. If a Freshman contest is to be played, game times will be Frosh 4:30, JV 6:00 and Varsity 7:30. Friday night double headers shall be scheduled for 6:00 JV and 7:30 Varsity. Quads shall be scheduled for 3:15 girls JV, 4:45 boys JV, 6:15 girls Varsity, and 7:45 boys Varsity.

**6.1.1.** Quad games shall start 15 minutes after the conclusion of the previous game.

**6.2.** By mutual consent of principals, place, time or order of playing games may be changed.

**6.2.1.** If the principals involved can reach no mutual agreement on the changing of game times and/or sites, and/or order, the schedule stands as approved.

## **7. REQUIRED SCORING AND/OR TIMING PERSONNEL**

**7.1.** All games will be timed by a pre-trained adult (18 or older, non-student) provided by the home team.

**7.2.** The home team shall provide the "official" scorer and score book.

**7.3.** The official scorer is required to wear a black and white vertically striped garment.

**7.4.** The home team shall provide a "pre-trained" shot clock timer. (not necessarily an adult)

**7.5.** Shot clock will be 30 sec. for girls, 35 sec. for boys.

## **8. CHAMPIONSHIPS AWARDED IN DIVISIONS**

**8.1.** Varsity, JV and Freshman champion(s) will be determined by the order of finish in the league schedule. Ties shall result in co-champions and not be broken.

**9. LEAGUE STANDINGS** - At the varsity level all ties must be broken and league standings set, prior to the PAL Tournament. The procedures listed below will be followed in order, until the tie situation is resolved.

**9.1.** Won-lost versus each other within the tie.

**9.2.** Won-lost versus teams above in the standings in descending order.

**9.3.** Won-lost versus teams below in the standings in descending order.

**9.4.** Coin flip if a two way tie still exists for deciding first, second, or third place.

**9.5.** In the event of a two way tie for fourth place that cannot be broken using the above protocols, the winner of the second league game between opponents shall hold the tie breaker.

**9.6.** Blind draw if a three or four way tie exists for first, second, third, or fourth place.

## **10. POST SEASON TOURNAMENTS**

**10.1.** Neither pre or post season games shall be authorized before or after the close of the regularly scheduled athletic activity season unless approved by the Board of Managers and the CCS.

**10.2.** All teams must be .500 in league or .500 in non league games to participate in the CCS tournament. There is no appeal process.

**11. VARSITY ALL-LEAGUE SELECTION PROCEDURE** - All-league selection will be made by the coaches at the regular meeting held at the conclusion of the season.

**11.1.** Each division shall select an all-league team.

**11.2.** Boys-coaches will nominate their own players for first team selection, but may not vote for their own. The Northern Division will select six players to the first team and six to the second team. The Southern Division will select seven players to the first team and seven to the second team. The league MVP will be the player receiving the most votes.

**11.3.** Coaches will nominate their own players for first team selection, but may not vote for their own. Players nominated for first team and who are not selected are automatically nominated for second team.

**11.4.** Any player receiving a vote but not placing on the first or second team will be accorded honorable mention.

**11.5.** Girls-coaches will rank ten players (1-10) excluding their own team. A reverse score system will be used. example: 1st = 10 pts. The player with the highest score will be MVP. The next five highest scores will be first team.

**11.6.** Girls-the second team will consist of the next five (5) highest scores.

**11.7.** Girls-coaches may vote to have six players on first or second team depending on how the scores fall.

**11.8.** Girls-honorable mention is coach's choice, one player per school unless a coach feels they deserve two players then a vote to okay is needed.

**12. AWARDS** - Authorized Peninsula Athletic League awards include:

**12.1.** Certificates recognizing "all-league selections", to be made available by the Peninsula Athletic

League Commissioner's office, in addition perpetual trophies that existed prior to the formation of the PAL or were purchased since its inception will be awarded to division champions. Medals and trophies will be awarded to the finalists of the PAL tournament.

### **13. SPECIAL RULINGS**

- 13.1.** The Peninsula Athletic League is an “open roster” league. Athletes may move between rosters throughout the season of sport. Athletes may not exceed the 24 total games. Athletes may not participate in two levels of play on the same day. Athletes may not exceed the scheduled league game limits versus league opponents.
- 13.2.** Two certified referees shall be assigned for all games.
- 13.3.** Varsity games will be eight (8) minute quarters. JV and Freshman games will be seven (7) minute quarters.
- 13.4.** The PAL’s four automatic qualifiers shall go to the top two finishers of each division North and South.

### **14. SPORTS CHAIRPERSONS**

- 14.1.** The girls and boys basketball chairpersons shall serve for a minimum of two (2) years.
- 14.2.** The duties of the chairpersons:
  - 14.2.1.** Shall notify the commissioner of all sport committee meetings.
  - 14.2.2.** Shall call a meeting of all the league boys basketball coaches prior to the beginning of the season to go over schedules, bylaws, rule changes, and anything pertaining to their sport for their season. This meeting shall include all coaches from both divisions.
  - 14.2.3.** Shall call a meeting of all league basketball coaches at the end of the season to review the bylaws, make revisions in the bylaws, set up schedules for the next season, and select all-league players. At this meeting, they shall also discuss problems that came up during the season and make recommendations to resolve the problems.
  - 14.2.4.** Will coordinate the evaluation of team placements and will give the new division assignments to the league commissioner.
  - 14.2.5.** Shall represent their division on the CCS Boys and Girls Basketball Committees.
- 14.3.** The approved game ball(s) may be either the Baden ball, the Spalding Top Flight 1000 or the Spalding Composition and must be stamped with “NFHS approved”.