

SOCCER

1. FORMAT OF COMPETITION

1.1. The leagues shall be divided into three divisions Bay, Ocean and Lake. The Bay and Ocean shall have six teams each, the Lake shall have five teams. The divisions shall be determined by strength of program, recommended by the coaches and approved by the Board of Managers. The determination of league placement shall be reviewed every year.

2. RULES

2.1. National Federation of State High School Associations.

3. NUMBER OF CONTESTS

3.1. Limit twenty (20) games plus two (2) scrimmages.

4. STARTING DATES

4.1. Starting practice dates for each sports season shall be determined by the CCS.

5. DEFINITION OF PRACTICE/SCRIMMAGE

5.1. See PAL Bylaws, Article IV, Section 2 and Section 3.

6. STARTING TIME FOR CONTESTS

6.1. Contests for schools without lighted fields shall be Varsity at 3:00 PM followed by JV at 4:30 PM.

6.2. Contest for schools with lighted fields shall be Varsity at 4:30 PM followed by JV at 6:00 PM.

6.3. By mutual consent of principals, place or time of playing games may be changed.

6.3.1. If the principals involved can reach no mutual agreement on the changing of game times and/or sites the schedule stands as approved.

6.4. JV games will be played immediately following Varsity games.

7. REQUIRED SCORING AND/OR TIMING PERSONNEL

7.1. The home team will keep score and provide information to publicity sources. The officials will keep the official time.

8. CHAMPIONSHIPS AWARDED IN DIVISIONS

8.1. Both boys and girls will send Bay #1, Bay #2, Ocean #1, and Lake #1 as automatic qualifiers to CCS.

8.2. Varsity and JV championships will be decided by league-standings and the championship point system.

8.2.1. Boys and girls will count - a win equals three (3) points, a tie one (1) point, a loss zero (0) points.

9. TIE LEAGUE STANDINGS

9.1. All ties must be broken and standings set prior to the CCS playoffs. The procedures listed below will be followed in order until the tie situation is resolved.

9.1.1. Won-lost versus each other.

9.1.2. Won-lost versus teams above in the standing in order of finish.

9.1.3. Won-lost versus team(s) below in the standing in order of finish.

9.1.4. CCS power points

9.1.5. If still a tie, coin flip by commissioner.

10. POST SEASON TOURNAMENTS

10.1. Neither pre or post season games shall be authorized before or after the close of the regularly scheduled athletic activity season unless approved by the Board of Managers.

10.1.1. These games also need CCS/CIF approval.

11. VARSITY ALL-LEAGUE SELECTION PROCEDURE

All-league selection will be made by the coaches at the regular meeting held at the conclusion of the season.

11.1. The Bay, Ocean, and Lake divisions will select their own individual all league teams by using a set formula determined by order of finish.

11.1.1. First team: 1st Place – 3 selections; 2nd - 3rd Place – 2 selections; 4th-6th – 1 selection.

11.1.2. Second team: 1st Place – 3 selections; 2nd - 3rd Place – 2 selections; 4th-6th Place – 1 selection.

11.1.3. Honorable mention: 1st – 4th Place – 2 selections; 5th - 6th Place – 1 selection.

11.1.4. Ties are not to be broken for determining all league selections.

12. AWARDS

Authorized Peninsula Athletic League awards include:

12.1. Certificates recognizing "all-league selections", to be made available by the Peninsula Athletic League Commissioner's office, in addition perpetual trophies that existed prior to the formation of the PAL or were purchased since its inception will be awarded to division champions.

13. SPECIAL RULINGS

13.1. The Peninsula Athletic League is an "open roster" league. Athletes may move between rosters throughout the season of sport. Athletes may not exceed the CCS game limit of 20 matches. Athletes may not participate in two levels of play on the same day. Athletes may not exceed the scheduled league game limits versus league opponents.

13.2. Varsity games will have two 40-minute halves with five (5) minutes at half time.

13.3. Non varsity games will have two 35-minute halves; if the game is shortened because of darkness, the first half must be 35 minutes.

13.4. The home team shall assume the primary responsibility of providing adult supervision for soccer contests. At least one staff member shall be assigned supervision responsibilities.

13.5. There will be no overtime periods in round-robin league play.

13.6. A student may not join a school Varsity team after the first league contest of that team if the student has competed on an outside team or in an outside competition in the same sport during the school/league season of that sport, except as provided for in CIF bylaw article 600.

13.7. Game postponement must be decided by the home school principal by 12:00 noon of game day. Home coaches have the responsibility of notifying the officials of canceled games, and date/site of games(s) to be replayed. The game must be played on the next playable day.

13.7.1. Postponed contests shall be rescheduled by coaches with the approval of athletic director and principals. It shall be the home coach's responsibility to notify the assignor and the office of the PAL Commissioner of the date and time of the rescheduled contest.

13.8. Penalized Players: yellow and red cards.

13.8.1. Yellow card: A player given a yellow card shall be removed immediately from the game and a substitution may be made. The penalized player (yellow card) may reenter the game through substitution procedures at the next normal substitution opportunity. When a player receives a second caution in the same game, he/she will be disqualified with a red card and the team will play the remainder of the game without replacing the disqualified player (play shorthanded).

13.8.2. Red card: A player given a red card is disqualified from play for the remainder of the game and no substitution may be made for the disqualified player. (Refer to Ejection Rules in the sportsmanship section of the PAL Constitution.)

13.8.3. The official of a game in which a red card is given shall notify the assignor of officials, and the CCS office. All PAL games where a yellow card is issued will be reported to the assignor and to the PAL Commissioner's office.

13.9. Home teams are to wear dark jerseys and dark stockings. The visiting team is to wear white uniform jerseys and white stockings. If visiting team is not in compliance with uniform rules they are the team that will wear the pinnies.

14. SPORTS CHAIRPERSONS

14.1. The girls and boys soccer chairpersons shall serve for a minimum of two (2) years.

14.2. The girls and boys soccer chairpersons shall be selected or appointed from each division.

14.3. The duties of the chairpersons:

14.3.1. Shall notify the commissioner of all sport committee meetings.

14.3.2. Shall call a meeting of all the league soccer coaches prior to the beginning of the season to go over schedules, bylaws, rule changes, and anything pertaining to their sport for their season. This meeting shall include all coaches from both divisions.

14.3.3. Shall call a meeting of all league soccer coaches at the end of the season to review the bylaws, make revisions in the bylaws, set up schedules for the next season, and select all-league players. At this meeting, they shall also discuss problems that came up during the season and make recommendations to resolve the problems.

14.3.4. Will coordinate the evaluation of team placements and will give the new division assignments to the league commissioner at the league meeting.

14.3.5. Shall represent their division on the CCS Soccer Committee.

15. MISCELLANEOUS

15.1. Restraining Line: When possible a restraining line five yards from each touch line shall be placed on each field. Coaches, players, and spectators shall remain behind this line during matches. The referee shall be empowered to stop the match, if needed, to enforce this rule.