

WATER POLO

1. **FORMAT OF COMPETITION**

The league shall be divided into two divisions Bay and Ocean. The divisions shall be determined by strength of program, recommended by the coaches and approved by the Board of Managers. The determination of league placement shall be reviewed annually.

2. **RULES**

National Federation of State High School Athletic Association (NFSHSAA) rules for Fall of the calendar year, apply for play.

3. **NUMBER OF CONTESTS**

3.1 Maximum play equal twenty-four (24) contests + 2 scrimmages with every contest counting game for game including tournaments.

3.1.1 For purposes of definition, "contest" is defined as a competition encounter with another school, or athlete, in which a score is kept.

4. **STARTING DATES**

4.1 There shall be a common starting date for all Fall sports as determined by the CCS.

5. **DEFINITION OF PRACTICE**

5.1 See PAL Bylaws, Article IV, Section 2 and Section 3.

6. **STARTING TIME FOR CONTESTS**

6.1 Match times for quads will be 4:00 – 5:00 – 6:00 – 7:00 for lighted pools and 3:00 – 4:00 – 5:00 – 6:00 for non-lighted venues. Match times for triple headers will be 4:00 – 5:00 – 6:00. Match times for double headers will be 4:00 – 5:00. Ten minutes will be the maximum time allowed between matches.

6.2 Match rotation for quads shall be JV-V-V-JV.

6.3 By mutual consent of principals, place or time of playing games may be changed.

6.3.1 If the principals involved can reach no mutual agreement on the changing of game times and/or sites the schedule stands as approved.

7. **OFFICIATING**

Two officials will be assigned; however, if only one shows up, the game must be played.

8. **PAL CHAMPIONSHIPS/CCS Qualifiers**

8.1 Division champions will be the first place finishers at the conclusion of league play. In the event of ties, co-champions will be declared.

8.2 The CCS has granted the PAL three bids to both the boys and girls tournament.

8.3 The PAL will send both boys/girls, Bay #1 & Bay #2 finishers to the CCS Tournament. It will require Bay #3 to host Ocean #1 in a play-off for the third AQ.

9. PAL TIE BREAKING PROCESS

In the event of a tie the following tie breakers will be used: (1) head to head competition (win/loss records), (2) head to head (win/loss), against teams above in the standings taken in descending order, (3) head to head (win/loss) against teams below in the standings taken in descending order, (4) fewest goals allowed within the teams tied, (5) fewest goals allowed with teams above in the standings taken in descending order, (6) fewest goals allowed with teams below in descending order, (7) coin flip.

10. POST SEASON TOURNAMENTS

11.1 Neither pre or post season games shall be authorized before or after the close of the regularly scheduled athletic activity season unless approved by the Board of Managers.

11.1.1 These games also need CCS/CIF approval.

11. VARSITY ALL-LEAGUE SELECTION PROCEDURE

All-league selection will be made by the coaches at the regular meeting held at the conclusion of the season.

11.1 Formula for selecting all-league

11.1.1 MVP and MVG by vote of coaches

11.1.2 First team: 1st place – 2 selections, 2nd place – 2 selections, 3rd place – 1 selection, 2 remaining selections to be voted on by coaches. If one of the voted on players is from the 3rd place team, then one of the 3rd place team's spots on the second team will become a "voted on spot".

11.1.3 Second team: 1st place – 1 selection, 2nd place – 1 selection, 3rd place – 2 selections, 4th- last place – 1 selection.

11.1.4 Honorable mention: each team receives 1 selection.

11.1.5 Ties are not to be broken for determining all league selections.

12. AWARDS

Authorized Peninsula League awards include:

12.1 Certificates recognizing "all-league selections", to be made available by the Peninsula Athletic League Commissioner's office, in addition perpetual trophies that existed prior to the formation of the PAL or were purchased since its inception will be awarded to division champions.

13. SPECIAL RULINGS

13.1 The Peninsula Athletic League is an "open roster" league. Athletes may move between rosters throughout the season of sport. Athletes may not exceed the CCS match limit of 24. Athletes may not participate in two levels of play on the same day. Athletes may not exceed the scheduled league game limits versus league opponents.

13.2 Two teams are allowed, a Varsity team and a JV team.

13.3 Lengths of quarters of play will be as follows:

14.3.1 Varsity - 7 minutes.

14.3.2 JV Team - 6 minutes

13.4 The KAP.7 ball is the official ball for CCS tournament play. Any NFHS approved ball may be used in PAL league play.

13.5 The PAL play-in game for the last CCS automatic qualifier must be played in a "deep pool". The PAL commissioner will select the site if the Bay host does not have a

“deep” pool.

13.6 There will be no overtime period for JV league matches.

14. SPORTS CHAIRPERSONS

14.1 The water polo chairpersons shall serve for a minimum of two (2) years.

14.2 The water polo chairpersons shall be selected or appointed from each division.

14.3 The duties of the chairpersons:

14.3.1 Shall notify the commissioner of all sport committee meetings.

14.3.2 Shall call a meeting of all the league water polo coaches prior to the beginning of the season to go over schedules, bylaws, rule changes, and anything pertaining to their sport for their season. This meeting shall include all coaches from both divisions.

14.3.3 Shall call a meeting of all league water polo coaches at the end of the season to review the bylaws, make revisions in the bylaws, setup schedules for the next season, and select all-league players. At this meeting, they shall also discuss problems that came up during the season and make recommendations to resolve the problems.

14.3.4 Will coordinate the evaluation of team placements and will give the new division assignments to the league commissioner.

14.3.5 Shall represent their division on the CCS Water Polo Committee.

