Past CCS Champions

Boys Track

1966 Burlingame
1966 Burlingame
1966 Jim Marshall, Ravenswood, 100
1966 Tom Lydon, San Mateo, 2 mile
1966 Ravenswood, 880 relay
1966 John Radetich, San Carlos, high jump
1966 Bob Jordan, San Mateo, long jump
1966 Randy Weil, Burlingame, 120 high hurdles
1966 Randy Weil, Burlingame, 180 low hurdles
1966 Randy White, Mills, 440
1967 Randy White, Mills, 120 low hurdles
1967 Capuchino, 880 relay
1967 Charlie Johnson, Sequoia, long jump
1968 Chris Carey, Carlmont, 2 mile
1968 Jim Miller, Carlmont, 120 high hurdles
1968 Menlo-Atherton, 440 relay
1968 Jim Penrose, Carlmont, discus
1969 Crestmoor, mile relay
1969 Vince Renetto, Capuchino, high jump
1969 Alonzo Emery, San Mateo, long jump
1969 Mike Davis, Hillsdale, discus
1970 Chuck Bommarito, Crestmoor, 100
1970 Chuck Bommarito, Crestmoor, 220
1970 Jay May, Sequoia, high jump
1970 Carl Goldstone, San Mateo, pole vault
1971 Chuck Bommarito, Crestmoor, 100
1971 Chuck Bommarito, Crestmoor, 220
1971 Bill Kahn, Mills, high jump
1972 Steve Miller, Carlmont, mile
1974 Don Mackenzie, Menlo-Atherton, 440
1974 Mitch Kingery, San Carlos, 2 mile
1974 Phil Robinson, Woodside, long jump
1975 Woodside, 440 relay
1975 Serramonte, mile relay
1975 Brad Dillard, Mills, high jump
1975 Myrt Easley, Woodside, triple jump
1976 Ken Vasquez, Mills, long jump
1976 Mike Smith, San Mateo, shot put
1977 Byron Hawkins, Burlingame, 120 high hurdles
1977 San Carlos, mile relay
1977 Paul Bates, Menlo-Atherton, long jump
1977 Paul Bates, Menlo-Atherton, triple jump
1978 San Carlos, mile relay
1978 Steve Bruce, Menlo-Atherton, long jump
1979 Carl Montgomery, South San Francisco, 220
1979 Jim Walker, Aragon, 330 low hurdles
1979 Mesha Spivey, Woodside, high jump
1979 Steve Bruce, Menlo-Atherton, long jump
1979 Greg Ellis, Menlo-Atherton, pole vault
1980 Woodside
1980 Eric Washington, Woodside, 200m
1980 Reggie Hawkins, Hillsdale, 110 high hurdles
1980 Greg Ellis, Menlo-Atherton, pole vault
1981 Kerry Three, Westmoor, 400m
1982 Carlmont, 440 relay
1982 Dan Katches, Mills, discus
1983 Anthony Hodges, Menlo-Atherton, 100m
1983 Bob Shenk, Menlo-Atherton, discus
1984 Matt Guisto, San Mateo, mile
1984 Matt Guisto, San Mateo, 2 mile
1984 David Ceragolli, Terra Nova, triple jump
1985 Mike King, Menlo-Atherton, 300m low hurdles
1985 William Tisdale, Westmoor, long jump
1985 Ramon Tisdale, Westmoor, long jump
1985 Steve Toney, Menlo-Atherton, pole vault
1986 Jeff Novitsky, Mills, high jump
1987 Brett Mack, Carlmont, 3200m
1988 Brett Mack, Carlmont, 3200m
1990 John Hannon, Woodside, 3200m
1990 Jimmy Pryor, Aragon, high jump
1990 Kevin Duffy, Aragon, discus
1990 Lee Adkins, Westmoor, triple jump
1991 Issac Carson, Jefferson, 110 high hurdles
1991 Amit Barkan, Hillsdale, pole vault
1992 Westmoor, 400m relay
1994 Felton Charlse, Westmoor, 200m
1994 Felton Charles, Westmoor, 400m
1994 Westmoor, 400m relay
1994 Westmoor, 1600m relay
1999 Menlo-Atherton, 400m relay
2001 Brian Laupua, Jefferson, shot put
2001 Adam Trafalis, Mills, discus
2002 Jeremy Leibs, Aragon, 110m high hurdles
2002 Adam Trafalis, Mills, discus
2003 Jeremy Mineau, Menlo-Atherton, 3200m
2004 Jeremy Mineau, Menlo-Atherton, 3200m
2004 Mathew Wirgler, Aragon, 300m intermediate hurdles
2004 Julian Eison, Westmoor, high jump
2005 Evan Anderson, Menlo-Atherton, 1600m
2005 Jamie Gonzalez, Westmoor, long jump
2006 Matt Wheeler, Menlo-Atherton, 300m intermediate hurdles
2007 Brad Suhr, Carlmont, 1600m
2009 Kendall Spenser, San Mateo, 100m
2009 Kendall Spenser, San Mateo, 200m
2009 Kendall Spenser, San Mateo, long jump
2009 Frank Lima, Half Moon Bay, high jump
2010 John Paul Williams, Westmoor, 100m high hurdles
2010 Erik Kramer, Mills, discus
2011 Stas DellaMorte, Menlo-Atherton, long jump
2011 Chris Waschura, Woodside, 800m
2011 Chris Washura, Woodside, 1600m
2012 George Baier, Menlo-Atherton, 1600m
2012 Elliott Survell, Carlmont, 400m
2013 Michael Berry, San Mateo, 400m
2014 Jeremy Wright, Terra Nova, 400m
2015 Johain Owadjela, Carlmont, 1600m