

Peninsula Athletic League Cross Country 2019

Aragon.Burlingame.Capuchino.Carlmont.El Camino.Half Moon Bay.Hillsdale.Jefferson.Menlo Atherton.Mills.Oceana.
San Mateo.Sequoia.South San Francisco.Terra Nova.Westmoor.Woodside

Practice 8-9-19/Scrimmage 8-23-19/Contest 8-29-19/Max # Matches 13/Sports Chairpersons: - John Lylygren, Carlmont/ Paul Farnsworth, HMB

PAL League Meet #1

Tuesday – September 17, 2019 Half Moon Bay 4:00 PM

PAL League Meet #2

Tuesday - October 15, 2019 Bedwell Bayside Park 4:00 PM

PAL League Meet #3

Tuesday - October 29, 2019 Crystal Springs 2:30 PM

PAL League Championship Meet

Saturday – November 9, 2019 Crystal Springs 10:00 AM

CCS Championship Meet

Saturday – November 16, 2019 Crystal Springs 10:00 AM

State Championship Meet

Saturday – November 30, 2019 Woodward Park, Fresno TBA

Revised 09-30-19