

Peninsula Athletic League Swimming 2024

Bay Division

Aragon.Burlingame.Carlmont.Menlo-Atherton.Mills.San Mateo.Sequoia.Woodside

Practice 1-29-24/Scrimmage 2-12-24/Contest 2-19-24/Max # Meets 12 +1 Invitational/Sports Chairperson: Bruce Smith, Menlo-Atherton

Friday - March 1, 2024 - 3:30

Sequoia @ Mills
Carlmont @ Burlingame
Aragon @ Woodside
San Mateo @ Menlo-Atherton

Friday - March 8, 2024 - 3:30

Carlmont @ Woodside
Burlingame @ Sequoia
Mills @ Menlo-Atherton
San Mateo @ Aragon

Thursday - March 14, 2024 - 3:30

Menlo-Atherton @ Sequoia

Friday - March 15, 2024 - 3:30

Woodside @ Mills
Burlingame @ San Mateo
Aragon @ Carlmont

Thursday - March 21, 2024 - 3:30

Menlo-Atherton @ Woodside
Mills @ Burlingame

Friday - March 22, 2024 - 3:30

San Mateo @ Carlmont
Aragon @ Sequoia

Thursday - March 28, 2024 - 3:30

Menlo-Atherton @ Burlingame
Woodside @ San Mateo

Friday - March 29, 2024 - 3:30

Aragon @ Mills
Sequoia @ Carlmont

Wednesday - April, 2024 - 3:30

Carlmont @ Menlo-Atherton

Thursday - April 4, 2024 - 3:30

Sequoia @ Woodside

Thursday - April 11, 2024 - 3:30

Mills @ San Mateo

Friday - April 12, 2024 - 3:30

Burlingame @ Aragon

Thursday - April 18, 2024 - 3:30

Menlo-Atherton @ Aragon

Friday - April 19, 2024 - 3:30

Woodside @ Burlingame
Carlmont @ Mills
Sequoia @ San Mateo

PAL Division Championships at Menlo-Atherton

Girls Trials Wednesday April 24, 2024 2:00pm warm-ups 3:30pm swim

Boys Trials Thursday April 25, 2024 2:00pm warm-ups 3:30pm swim

Finals Saturday April 27, 2024 11:00am warmups 1:00pm swim

Revised 2-13-2024

Peninsula Athletic League Swimming 2024

Ocean Division

Capuchino.El Camino.Half Moon Bay.Hillsdale.Jefferson.Oceana.South San Francisco.Terra Nova.Westmoor

Practice 1-29-24/Scrimmage 2-12-24/Contest 2-19-24/Max # Meets 12 + 1 Invitational/Sports Chairperson: Jeff Vitalie, El Camino

Friday - March 1, 2024 - 3:30

Jefferson @ Hillsdale
Half Moon Bay @ El Camino
South San Francisco @ Oceana
Westmoor @ Capuchino
Terra Nova bye

Tuesday - March 5, 2024 - 3:30

Capuchino @ El Camino

Friday - March 8, 2024 - 3:30

South San Francisco @ Westmoor
El Camino @ Oceana
Half Moon Bay @ Hillsdale
Jefferson @ Terra Nova
Capuchino bye

Friday - March 15, 2024 - 3:30

Terra Nova @ El Camino
Jefferson @ South San Francisco TBD
Capuchino @ Half Moon Bay
Oceana @ Westmoor
Hillsdale bye

Tuesday - March 19, 2024 - 3:30

Capuchino @ Oceana
South San Francisco @ Half Moon Bay
Jefferson @ El Camino
Terra Nova @ Hillsdale
Westmoor bye

Friday - March 22, 2024 - 3:30

South San Francisco @ Hillsdale
Terra Nova @ Capuchino
Jefferson @ Westmoor
Oceana @ Half Moon Bay
El Camino bye

Updated 2-27-24

Tuesday - March 26, 2024 - 3:30

Half Moon Bay @ Westmoor
Jefferson @ Capuchino
South San Francisco @ Terra Nova
El Camino @ Hillsdale
Oceana bye

Thursday - March 28, 2024 - 3:30

Westmoor @ Hillsdale

Friday - March 29, 2024 - 3:30

Oceana @ Terra Nova
Jefferson @ Half Moon Bay
South San Francisco bye

Tuesday - April 2, 2024 - 3:30

Half Moon Bay @ Terra Nova

Friday - April 5, 2024 - 3:30

Jefferson @ Oceana
Westmoor @ Terra Nova

Friday - April 12, 2024 - 3:30

Hillsdale @ Capuchino
South San Francisco @ El Camino
Half Moon Bay bye

Friday - April 19, 2024 - 3:30

Hillsdale @ Oceana
El Camino @ Westmoor
South San Francisco @ Capuchino
Jefferson bye

PAL Division Championships at Oceana

Trials Wednesday April 24, 2024 2:00pm warm-ups 3:30pm swim
Trials Thursday April 25, 2024 2:00pm warm-ups 3:30pm swim
Finals Saturday April 27, 2024 11:00am warm-ups 1:00pm swim