

Peninsula Athletic League Track and Field 2024

Bay Division

Aragon. Carlmont. Hillsdale. Menlo-Atherton. Mills. San Mateo. Sequoia. Westmoor

Practice 1-29-24/Scrimmage 2-12-24/Contest 2-19-24/Max #Meets 15/Sports Chairperson: Chris Lucey, Hillsdale

Tuesday - March 5, 2024 - 3:00

San Mateo, Carlmont @ Sequoia

Tuesday - March 12, 2024 - 3:00

Sequoia, Aragon @ Mills

Menlo-Atherton @ Carlmont

Wednesday - March 13, 2024 - 3:00

Hillsdale, Westmoor @ San Mateo

Wednesday - March 20, 2024 - 3:00

Mills, Carlmont @ Hillsdale

San Mateo, Aragon @ Menlo-Atherton

Wednesday - March 27, 2024 - 3:00

Westmoor, Menlo-Atherton @ Mills

Wednesday - April 3, 2024 - 3:00

Sequoia @ Westmoor - 3:45

Tuesday - April 9, 2024 - 3:00

Hillsdale @ Aragon

Wednesday - April 10, 2024 - 3:00

Mills @ San Mateo

Tuesday - April 16, 2024 - 3:45

Aragon, Carlmont @ Westmoor

Wednesday - April 17, 2024 - 3:00

Menlo-Atherton, Hillsdale @ Sequoia

PAL Varsity Championships @ Menlo-Atherton

Varsity Trials: Thursday - April 25, 2024

Field Events 4:00pm - Running Events 5:00pm

Varsity Finals: Saturday - May 4, 2024 TBD

PAL FS Championship Meet @ Terra Nova

Saturday - April 27, 2024

Field Events 9:00am - Running Events 10:00am

CCS Championships @ TBD

Semi Finals - Saturday - May 11, 2024

Finals - Saturday - May 18, 2024

Revised 7-22-23

Peninsula Athletic League Track and Field 2024

Ocean Division

Burlingame.Capuchino.El Camino.Half Moon Bay.Jefferson.Oceana.South San Francisco.Terra Nova.Woodside
Practice 1-29-24/Scrimmage 2-12-24/Contest 2-19-24/Max #Meets 15/Sports Chairperson: Chris Lucey, Hillsdale

Tuesday - March 5, 2024 - 3:00

Terra Nova, El Camino @ South San Francisco

Wednesday - March 6, 2024 - 3:00

Oceana, Jefferson @ Burlingame

Tuesday - March 12, 2024 - 3:00

Burlingame, Capuchino @ Terra Nova
Half Moon Bay, Jefferson @ El Camino

Wednesday - March 13, 2024 - 3:00

Oceana, South San Francisco @ Woodside

Tuesday - March 19, 2024 - 3:00

Half Moon Bay Woodside @ Capuchino

Tuesday - March 26, 2024 - 3:00

Capuchino, South San Francisco @ Jefferson

Wednesday - March 27, 2024 - 3:00

Burlingame, Woodside @ El Camino

Tuesday - April 2, 2024 - 3:00

Terra Nova, Oceana @ Half Moon Bay

Wednesday- April 10, 2024 - 3:00

Half Moon Bay, South San Francisco @ Burlingame

Tuesday April 16, 2024 - 3:00

Capuchino, El Camino @ Oceana

Wednesday - April 17, 2024 - 3:00

Jefferson, Terra Nova @ Woodside

PAL Varsity Championships @ Menlo-Atherton

Varsity Trials: Thursday - April 25, 2024

Field Events 4:00pm - Running Events 5:00pm

Finals: Saturday - May 4, 2024 TBD

PAL FS Championships @ Terra Nova

Saturday - April 27, 2024

Field Events 9:00am - Running Events 10:00am

CCS Championships @ TBD

Semi-Finals - Saturday - May 11, 2024

Finals - Saturday - May 18, 2024

Revised 9-22-23