Peninsula Athletic League Track and Field 2022
Bay Division
Practice 1-31-22/Contest 2-21-22/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont, Ed Riley, San Mateo

Wednesday - March 16, 2022 – 3:00
Aragon @ Westmoor
Mills @ Carlmont
Sequoia @ Menlo-Atherton

Wednesday - March 23, 2022 – 3:00
Westmoor @ Mills
Sequoia @ Aragon
Carlmont @ Menlo-Atherton

Monday - April 4 2022 - 3:00
Mills @ Aragon

Wednesday - April 6, 2022 - 3:00
Menlo-Atherton @ Westmoor
Carlmont @ Sequoia

Wednesday, April 13, 2022 – 3:00
Carlmont @ Aragon
Sequoia @ Westmoor
Menlo-Atherton @ Mills

Wednesday, April 20, 2022 – 3:00
Mills @ Sequoia
Westmoor @ Carlmont
Aragon @ Menlo-Atherton

PAL Varsity Championships @ TBD
Varsity Trials: Thursday - April 28, 2022
Field and Running Events 4:00pm
Varsity Finals: Saturday - May 7, 2022
Field Events 10:30am - Running Events 11:00am

PAL FS Championship Meet @ TBD
Saturday - April 30, 2022
Field Events 9:00am - Running Events 10:00am

CCS Championships @ TBD
Semi Finals - Saturday - May 14, 2022
Finals - Saturday - May 21, 2022

Revised 1-6-22
Peninsula Athletic League Track and Field 2022
Ocean Division

Practice 1-31-22/Contest 2-21-22/Max #Meets 15/Sports Chairpersons: John Lillygren, Carlmont Ed Riley, San Mateo

Wednesday - March 1, 2022 - 3:00 @ Woodside
Woodside vs. Half Moon Bay
Terra Nova vs. San Mateo

Wednesday - March 9, 2022 - 3:00 @ Half Moon Bay
Half Moon Bay vs. Hillsdale
Woodside vs. Terra Nova

Wednesday - March 16, 2022 - 3:00 @ Terra Nova
San Mateo @ Capuchino
Terra Nova @ Hillsdale

Wednesday - March 23, 2022 - 3:00 @ Capuchino
Hillsdale vs. Woodside
Half Moon Bay vs. Capuchino

Wednesday - March 30, 2022 - 3:00 @ Half Moon Bay
Terra Nova vs. Half Moon Bay

Tuesday - April 5, 2022 – 3:00 @ San Mateo
Half Moon Bay vs. San Mateo
Hillsdale vs. Capuchino

Wednesday - April 13, 2022 - 3:00 @ Woodside
San Mateo @ Woodside
Capuchino @ Terra Nova

Wednesday - April 20, 2022 – 3:00 @ Hillsdale
San Mateo @ Hillsdale
Capuchino @ Woodside

PAL Varsity Championships @ TBD
Varsity Trials: Thursday - April 28, 2022
Field and Running Events - 4:00pm
Varsity Finals: Saturday - May 7, 2022
Field Events 10:30am - Running Events 11:00am

PAL FS Championship Meet @ TBD
Saturday - April 30, 2022
Field Events 9:00am - Running Events 10:00am

CCS Championships @ TBD
Semi-Finals - Saturday - May 14, 2022
Finals - Saturday - May 21, 2022

Revised 10-26-21
Peninsula Athletic League Track and Field 2022
Lake Division
Practice 1-19-21/Contest 4-5-21/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont, Ed Riley, San Mateo

**Wednesday - March 9, 2022 - 3:00 @ Burlingame**
Oceana vs. Jefferson
Burlingame vs. South San Francisco
El Camino bye

**Wednesday - March 16, 2022 – 3:00 @ Oceana**
El Camino vs. South San Francisco
Oceana vs. Burlingame
Jefferson bye

**Wednesday, March 23, 2022 – 3:00 @ El Camino**
Jefferson vs. Burlingame
El Camino vs. Oceana
South San Francisco bye

**Wednesday, April 13, 2022 – 3:00 @ Jefferson**
South San Francisco vs. Oceana
Jefferson vs. El Camino
Burlingame bye

**Wednesday - April 20, 2022 – 3:00 @ SSF**
Burlingame vs. El Camino
South San Francisco vs. Jefferson
Oceana bye

**PAL Varsity Championships @ TBA**
Varisty Trials: Thursday - April 28, 2022
Field and Running Events 4:00pm
Varsity Finals : Saturday - May 7, 2022
Field Events 10:30 - Running Events 11:00

**PAL FS Championship Meet**
Saturday - April 30, 2022
Field Events 9:00am - Running Events 10:00am

**CCS Championships @ TBD**
Semi Finals - Saturday - May 14, 2022
Finals - Saturday - May 21, 2022

Revised 10-20-21