Peninsula Athletic League Track and Field 2020
Bay Division
Practice 2-3-20/Scrimmage 2-17-20/Contest 2-24-20/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont - Paul Farnsworth, Half Moon Bay

Wednesday, March 11, 2020 – 3:00
Carlmont @ Mills
Westmoor @ Sequoia

Wednesday, March 18, 2020 – 3:00
Carlmont @ Westmoor

Thursday, March 19, 2020 – 3:00
Menlo-Atherton @ Aragon

Wednesday, March 25, 2020 – 3:00
Sequoia @ Mills
Aragon @ Carlmont
Westmoor @ Menlo-Atherton

Wednesday, April 1, 2020 – 3:00
Aragon @ Mills

Wednesday, April 8, 2020 – 3:00
Menlo-Atherton @ Sequoia

Tuesday - April 14, 2020 - 3:00
Sequoia @ Carlmont

Wednesday, April 15, 2020 – 3:00
Westmoor @ Aragon
Mills @ Menlo-Atherton

Wednesday, April 22, 2020 – 3:00
Mills @ Westmoor
Menlo-Atherton @ Carlmont
Aragon @ Sequoia

Rev. 2-5-2020

PAL Varsity Championships @ Sequoia
Varsity Trials – Friday, May 1, 2020 – 4:00 PM/field and running events
Varsity Finals – Saturday, May 9, 2020 – 10:30 AM field events/11:00 AM running events

PAL FS Championship Meet @ Terra Nova
Saturday, May 2, 2020 - 9:00 AM field events/10:00 AM running events

CCS Championships
Trials – Saturday, May 16, 2020 – TBA
Finals – Friday, May 22, 2020 – TBA
Peninsula Athletic League Track and Field 2020
Ocean Division
Capuchino, Half Moon Bay, Hillsdale, San Mateo, Terra Nova, Woodside
Practice 2-3-20/Scrimmage 2-17-20/Contest 2-24-20/Max #Meets 15/Sports Chairpersons: John Lillygren, Carlmont - Paul Farnsworth, Half Moon Bay

**Wednesday, March 11, 2020 – 3:00**
Terra Nova @ Woodside
Capuchino @ Hillsdale

**Wednesday, March 18, 2020 – 3:00**
Woodside @ Capuchino
San Mateo @ Half Moon Bay

**Wednesday, March 25, 2020 – 3:00**
Capuchino @ Half Moon Bay
Woodside @ Hillsdale
San Mateo @ Terra Nova

**Wednesday, April 1, 2020 – 3:00**
Hillsdale @ San Mateo
Half Moon Bay @ Terra Nova

**Wednesday, April 15, 2020 – 3:00**
Woodside @ San Mateo
Hillsdale @ Half Moon Bay
Terra Nova @ Capuchino

**Wednesday, April 22, 2020 – 3:00**
Capuchino @ San Mateo
Hillsdale @ Terra Nova
Half Moon Bay @ Woodside

**PAL Varsity Championships @ Sequoia**
Varsity Trials – Friday, May 1, 2020 – 4:00 PM/field and running events
Varsity Finals – Saturday, May 9, 2020 – 10:30 AM field events/11:00 AM running events

**PAL FS Championship Meet @ Terra Nova**
Saturday, May 2, 2020 - 9:00 AM field events/10:00 AM running events

**CCS Championships**
Trials – Saturday, May 16, 2020 – TBA
Finals – Friday, May 22, 2020 – TBA

11-22-19
Peninsula Athletic League Track and Field 2020
Lake Division
Burlingame, El Camino, Jefferson, Oceana, South San Francisco
Practice 2-3-20/Scrimmage 2-17-20/Contest 2-24-20/Max #Meets 15/Sports Chairpersons: John Lilygren, Carlmont - Paul Farnsworth, Half Moon Bay

Wednesday, March 11, 2020 – 3:00
El Camino @ Burlingame
South San Francisco @ Oceana

Wednesday, March 18, 2020 – 3:00
Burlingame @ South San Francisco

Wednesday, March 25, 2020 – 3:00
Jefferson @ Oceana

Wednesday, April 1, 2020 – 3:00
Burlingame @ Jefferson

Wednesday, April 8, 2020 – 3:00
El Camino @ South San Francisco

Wednesday, April 15, 2020 – 3:00
Jefferson @ El Camino
Oceana @ Burlingame

Wednesday, April 22, 2020 – 3:00
El Camino @ Oceana
South San Francisco @ Jefferson

PAL Varsity Championships @ Sequoia
Varsity Trials – Friday, May 1, 2020 – 4:00 PM/field and running events
Varsity Finals – Saturday, May 9, 2020 – 10:30 AM field events/11:00 AM running events

PAL FS Championship Meet @ Terra Nova
Saturday, May 2, 2020 - 9:00 AM field events/10:00 AM running events

CCS Championships
Trials – Saturday, May 16, 2020 – TBA
Finals – Friday, May 22, 2020 – TBA

Revised 12-2-19