Let's take a moment to consider another aspect of preparing for your child's IEP

Every family experiences the special education process a little bit differently. It can often seem frustrating and overwhelming. It's easy to feel isolated and lost in the maze of acronyms and school staff with titles and programs you've never heard of before. There are also many negative and scary posts on social media, describing one IEP disappointment after another.

It's only natural to be extremely nervous before your child's IEP meeting. For this reason, many families will bring another relative or close friend so that they can verify what they think they heard in the meeting. This is perfectly acceptable; as long as you let the team know before the meeting, as a courtesy.

Perhaps it would be useful to take a moment and read an open letter To All Parents of Children with Special Needs, entitled “Welcome to Holland,” by Emily Perl Kingsley, on the opposite page.