## Professional Development Offerings January – June 2020

### Math (P-3 alignment)
For PreK / TK / K teachers interested in improving their math instruction and alignment. This series will train PK/ TK/ K teams in evidence-based early math strategies that can be layered onto any existing curricula. Coaching sessions will also be provided. Trainings will provide an opportunity to be immersed in the latest, most effective math strategies while also allowing time for team-based planning. Please email dharlick@smcoe.org and/or schan@smcoe.org for more information.

Priority registration will be given to The Big Lift participants. If space allows, registration will then open to all.

**Dates**
- 8:30am-12:30pm on Saturdays

**QRIS Element**
- Element 1: Child Observations
- Element 4: Teacher-Child Interactions

**Cost (+ Fees)**
- Free

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<thead>
<tr>
<th>Element 1: Child Observations</th>
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### Literacy/ELA Curriculum Alignment (P-3)
For PreK / TK / K teachers interested in improving their early literacy instruction and alignment. This series will train PK/ TK/ K teams in evidence-based early literacy strategies that can be layered onto any existing curricula, and give an overview of the science of how children learn to read. Coaching sessions will also be provided. Each session will include time for team-based planning. Please email dharlick@smcoe.org and/or schan@smcoe.org for more information.

Priority registration will be given to The Big Lift participants. If space allows, registration will then open to all.

**Dates**
- 8:30am-12:30pm on Saturdays
- Jan. 11, 2020 & Apr. 4, 2020 plus coaching

**QRIS Element**
- Element 1: Child Observations
- Element 4: Teacher-Child Interactions

**Cost (+ Fees)**
- Free

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### Trauma Informed Practices for Early Childhood Educators
This full-day training, offered twice - once in Winter and once in Spring 2020, will create an essential foundation to participants by exploring the neurobiology of traumatic stress and identifying concrete relationship-based strategies to support healing and build resilience in young children.

Simultaneous Spanish interpretation will be provided on May 16 / Interpretación simultánea en español será proporcionada el 16 de Mayo.

**Dates**
- 9am-3:30pm each offering
- Sat., Feb. 1, 2020

**QRIS Element**
- Element 4: Teacher-Child Interactions

**Cost (+ Fees)**
- $30 each offering

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### CPIN Regional Training (Phonological Awareness)
This half day training focuses on phonological awareness based on the California Preschool Foundations & Framework. Phonological awareness is an important area of early and later reading instruction. The onset of these skills is for children ages 4-5. Participants will learn how to support an individual’s sensitivity to the sound structure of spoken language.

Simultaneous Spanish interpretation will be provided / Interpretación simultánea en español será proporcionada.

**Dates**
- 9am-12:30pm on Sat., Feb. 29, 2020

**QRIS Element**
- Element 1: Child Observation
- Element 4: Teacher-Child Interactions

**Cost (+ Fees)**
- $20

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### Inclusion 101
This half day training is offered in the Fall 2019 and Spring 2020. Participants will gain an understanding of why and how inclusion benefits all children, families and providers. Participants will learn the following: 1) Definition of Inclusion, 2) Family, Culture & Disability, 3) Universal Design, 4) IFSP/IEP process, and 5) Modifications/Adaptations.

Simultaneous Spanish interpretation will be provided on March 21 / Interpretación simultánea en español será proporcionada el 21 de Marzo.

**Dates**
- 8:30am-12:30pm on Sat., Mar. 21, 2020

**QRIS Element**
- Element 4: Teacher-Child Interactions

**Cost (+ Fees)**
- $20

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### Compassion and Fatigue
This is offered in the Fall 2019 and in the Spring 2020. Self-Care for early childhood providers is essential to prevent burnout and increase awareness through self-reflective activities. Participants will take a journey to the center of “YOU” in a thoughtful and reflective training designed to build self-awareness and self-care practices that last a lifetime.

Simultaneous Spanish interpretation will be provided on March 21 / Interpretación simultánea en español será proporcionada el 21 de Marzo.

**Dates**
- 9am-12pm on Sat., Mar. 21, 2020

**QRIS Element**
- Element 4: Teacher-Child Interactions

**Cost (+ Fees)**
- $20

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### PROFESSIONAL DEVELOPMENT OFFERINGS
#### January – June 2020

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<tr>
<td><strong>Powerful Interactions</strong></td>
<td>9am-1pm On Saturdays Mar. 28, 2020 &amp; Apr. 18, 2020</td>
<td>Element 4: Teacher-Child Interactions</td>
<td>$30 for the series</td>
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<tr>
<td><strong>CPIN (Powerful Role of Play in Education)</strong></td>
<td>8:30am-2:30pm on Sat., Apr. 4, 2020</td>
<td>Element 4: Teacher-Child Interactions</td>
<td>$30</td>
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<td><strong>ASQ - Ages &amp; Stages: Questionnaires</strong></td>
<td>8:30am-12:30pm on Saturdays Apr. 25, May 2, &amp; May 9, 2020</td>
<td>Element 2: Developmental Health &amp; Screenings</td>
<td>$40 for the series</td>
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<tr>
<td><strong>Understanding the Early Childhood Environment Rating Scale (ECERS)</strong></td>
<td>9am – 12pm Sat., May 9, 2020</td>
<td>Element 6: Program Environments</td>
<td>$20</td>
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<tr>
<td><strong>Early Learning Environments</strong></td>
<td>8:30am – 3:00pm Sat., May 30, 2020</td>
<td>Element 6: Program Environments</td>
<td>$30</td>
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#### New free individualized online trainings through the California Early Childhood Online Portal (CECO).
Register at [https://www.caearlychildhoodonline.org/](https://www.caearlychildhoodonline.org/)

The modules provided on the California Early Childhood Online (CECO) Web site enable teachers to increase content knowledge and ability to provide developmentally appropriate experiences for children in their care. Meeting the developmental needs of young children and their families requires a comprehensive approach. CECO provides access to comprehensive resources and modules in one centralized location to meet the ever-changing needs of the early childhood field.

**Cost:** The fees charged for trainings help to cover textbook (if applicable), materials, trainer fees, and catering expenses.

**Location:** All trainings will take place at the San Mateo County Office of Education, 101 Twin Dolphin Drive, Redwood City, unless otherwise noted.

**Registration:** Please note that for some trainings, participants in The Big Lift and Quality Rating Improvement System (QRIS) initiatives may get priority for registration. As trainings become available, all registration information will be placed on our website: [http://www.smcoe.org/](http://www.smcoe.org/). All trainings dates, times and fees are subject to change.

**Questions:** For more information on any of the above professional development offerings, please contact Early Learning Support Services (ELSS) at ELSS@smcoe.org.

**Stipends:** Teachers working for QRIS participating child development programs (State-, The Big Lift-funded, Head Start, Quality Counts) are eligible for the QRIS Stipend Program (includes AB212). Applications available on our website: [http://www.smcoe.org/QRISstipend](http://www.smcoe.org/QRISstipend).