



REFERRAL FOR RELATED SERVICES: ADAPTED PHYSICAL EDUCATION (APE)

OVERVIEW:

Adapted physical education is for individuals with exceptional needs who require developmental or corrective instruction and who are precluded from participation in the activities of the general physical education program, modified general physical education program, or in a specially designed physical education program in a special class.

Consultative services may be provided to pupils, parents, teachers, or other school personnel for the purpose of identifying supplementary aids and services or modifications necessary for successful participation in the regular Physical Education program or specially designed Physical Education programs. C.F.R. 3051.5

ELIGIBILITY PROCEDURES:

A student's eligibility for APE services may be considered if it is suspected that the student's ability to access and benefit from the general or special Physical Education program is adversely impacted by his/her identified disability, as defined in IDEA. A multidisciplinary team including an Adaptive Physical Education teacher will conduct a comprehensive assessment and may consider the following:

- Student's ability to function safely and successfully in the general or special Physical Education program
- Administration of formal and informal assessments of gross motor skills
- Assessment of the student's ability to utilize his/her gross motor skills to access various sports and recreational activities

SERVICES:

Services provided by an APE teacher to students determined to be eligible for APE services may include:

- Collaborative / Consultative Services: An APE teacher assists school personnel in individualizing the general or special education Physical Education program to address the unique needs of the student
- Direct APE Services: The APE teacher provides direct instruction in an individual or group setting to support the development of skills identified on the IEP.