The Four Pillars
The Look of School, 2020

The Four Pillars are the foundation of the Pandemic Recovery Framework and guide our efforts to lower the risk of spreading and contracting illnesses such as COVID-19 in school and childcare settings.

Key Point – Know your program’s policies for following the Four Pillars.

Pillar 1: Health and Hygiene • This includes following agency protocols for proper cleaning and disinfecting, monitoring for illness, staying home when sick, and continuing excellent, frequent hand hygiene.

Pillar 2: Face Coverings • Face coverings are recommended for students two years old to second grade, and are required, unless exempt, for all students in third grade and above and staff. Please consult with your agency if you think your child should be exempt from using a face covering at school/childcare.

Pillar 3: Physical Distancing • Physical distancing requires people to stay at least six feet (or two arms’ length) away from other people, avoid gathering in groups, and keep away from crowded places. This includes creating stable cohort groups, rearranging spaces, and revising pick-up/drop off guidelines.

Pillar 4: Limited Gatherings • Avoidance of large scale events that bring people from different groups together.

Key Point – Practicing the Four Pillars at home further strengthens the health and safety of all children in the school/childcare setting.

Visiting the Pediatrician
Is it safe?

Yes! Call first to talk about medicines, illnesses, injuries, behavior.

When should I take my child in to the pediatrician’s office?

- Newborn visits after the baby is born
- Immunizations, hearing/vision screenings
- Growth and development monitoring
- Lab work checks ordered by the pediatrician

Medical Emergencies

- If you think you have a medical emergency, trust your instincts
- If you are not sure, call the pediatrician’s office for guidance

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