The Power of Cycling through education, advocacy and community engagement

TRIPS FOR KIDS
BULLDOG RIDERS
Bio and what makes me passionate to continue to work in youth development
Quick share with the person next to you

What makes you passionate about doing what you do and why are you here today?
Trips For Kids Bulldog Riders
Est: 2013
The Trips for Kids Biking Program started in June 2013 with the support of Trips For Kids National program support. Trips For Kids is a program that supports youth get outdoors on hiking, biking and nature trips through bike support, grant support and overall program.
The Siena Youth Center home to the Trips For Kids Bulldog Riders. Our community youth biking group focuses on health, wellness, mentorship and advocacy through cycling. We are based in the unincorporated part of Redwood City California known as North Fair Oaks.
Siena Youth Center Goals
1. Alleviate suffering by providing direct social services to the economically disadvantaged and disenfranchised
2. Increase the marketability of our clients by providing skill-building courses.
3. Break the cycle of poverty by providing a solid education.
4. Provide quality and engaging after-school programming at Siena Youth Center.
5. Foster nurturing relationships, encourage self-determination and advocate for change in systems that oppress.
TFK Bulldog Riders helps people become more healthy, happy and gives light to the importance of active transportation. In addition we believe cycling is a good way to control or reduce weight and also make new friends.
At Siena Youth Center our youth cycling club helps host bilingual cycling and fix it days in our community to share valuable knowledge and resources with the whole community. We have hosted family bike nights and seminars led by youth leaders.

**How to change a bike tube**

1. Remove tire from bike frame.
2. Take out all the air so it can be easier to remove.
3. Get a tire lever and insert it in between the tire and the rim.
4. Pull the side of the tire up with the lever and slide around the tire and you will see that one side is outside of the rim.
5. Pull out tube.
6. Change it or patch it.
7. Put tube back in wheel.
8. Get rim and put valve in first.
9. Put both sides of tire in the rim.
10. Pump up to appropriate tire pressure.
11. Put back in frame and tighten axle.
Take 2 minutes and talk to the person next to you about how you feel education can be a major part to a youth cycling or transportation program?
Advocacy at work

- The Bulldog Riders have established a partnership with District 4 San Mateo County Supervisor Warren Slocum to help organize and carry out a countywide health fair and bike rodeo for 5 years and counting.
- We have also been part of the Flood park committee meetings were we discuss what we want to be built in the park like a pump track.
- Another thing that we have done for our community is to advocate for a safe route to green spaces programs in our community. These programs help create more parks in our community.
- Lastly our youth are grounded in social justice and show up to board meetings, council meetings, rallies and meetings that directly impact our community.
Bulldog Riders advocating for parks in the community!
Pushing voting rights in our community!

Exercise your power. Register & Vote!
Bulldog Riders showing up to support local community muralists at Council meetings!
Bulldog Riders showing up to community meetings and talking about safe bike riding tips and hosting workshops!
Bulldog Riders showing up to be allies with the community and those feeling displaced due to high rents in our community.
2 minute Groupshare

How can advocacy become a strongpoint for your community cycling program?
Our community is very active and committed to health and wellness programs. We have a community that shows up to events family bike nights, fix-it clinics, family fitness nights and community action meetings. Having the families so involved allows us to better plan events and use everyone's ideas to make strong programs for everyone.
Community Engagement

In our program we have some pretty cool field trips like going to the Sea Otter Classic which is a bike event in Monterey, California where we are able to learn more about the bike industry and also have a ton of fun getting goodies at all the booths.
Community Engagement Method
Community Cultural Wealth and how it helps us!

Tara J Yosso
Community Cultural Wealth is an array of knowledge, skills, abilities and contacts possessed and utilized by communities of color to survive and resist forms of oppression.
Different forms of capital

1. Aspirational
2. Linguistic
3. Familial
4. Social
5. Navigational
6. Resistance
How can you use Community Cultural Wealth to serve as a method to help you better understand and work with your community neighbors?
Trips For Kids
Bulldog Riders at
Sea Otter Classic
Our youth club also helps youth in our community get outdoors through hiking and biking excursions!
We also are involved in Community Cleanups with local Supervisors.
Trips For Kids County Wide Bike Rodeo and Health Fair

- Trips For Kids Bulldog Riders help host a countywide bike rodeo and health fair every year.
- We have had the support of the local county for five straight years.
- We have learned how to collaborate with local agencies to help make this event a community health event.
Bike Rodeo Skills Clinic
Bike Rodeo Mechanic
fix it Station
Ways we believe to through practice to engage public servants to back your youth cycling program

1. Collaborate with city, county and state events that are centered around family health.
2. Show up to council meetings, board meetings and have youth speak during public comment about issues directly impacting their community.
3. Have youth read and learn about policy so they can call out policy that is affecting their initial community.
4. Know it takes perseverance and things do not happen overnight so continue to work on relationships through compassion.
Critical race
Counterstories along
the chicana/chicano
educational pipeline
Tara J Yosso

Punished: Policing
the lives of Black and
Latino Youth

Critical Pedagogy
Possibilities of Moving
from Theory to Practice in Urban Schools
Jeff D. Andrade and
Ernest Morrell
Any questions?

http://www.sienayc.org/trips-for-kids