

SIX PRINCIPLES OF NONVIOLENCE

1. *Nonviolence is a way of life for courageous people*

It is active nonviolent resistance to evil.

2. *Nonviolence seeks to win friendship and understanding*

The end result of nonviolence is redemption and reconciliation.

3. *Nonviolence seeks to defeat injustice not people*

Nonviolence recognizes that evil doers are also victims and are not evil people.

4. *Nonviolence holds that suffering can educate and transform*

Nonviolence willingly accepts the consequences to its acts.

5. *Nonviolence chooses love instead of hate*

Nonviolence resists violence of the spirit as well as the body. Nonviolent love is active, not passive.

6. *Nonviolence believes that the universe is on the side of justice*

The nonviolent resister has deep faith that justice will eventually win.